

YOUR HOME MEDICATION



For the provision of the best care possible, it is important that doctors, nurses and other healthcare providers know which medication you are taking at home.

1. WHAT IS HOME MEDICATION?

Home medication is any medication you regularly take at home, with or without a prescription. This does not only mean tablets and pills. It includes inhalers, patches, eye drops, ointments and injections.

Medication you only take once a week, once a month or once a year is also relevant. The list includes blood thinners, medication for stomach complaints, painkillers, hormonal preparations such as a contraceptive pill, vitamins, nutritional supplements, homeopathic remedies or sleeping medication.

2. WHAT IS A MEDICATION SCHEDULE?

A medication schedule is a clear and complete overview of all home medications you take regularly. In addition, a medication schedule includes the time and day of administration (e.g. every day at 8.00 a.m. or once a week on Saturday at noon).

The medication schedule must also include any important allergies or side effects associated with certain medicines.

A complete medication schedule also includes the contact details of your doctor and/or pharmacist. We can then contact them with questions and/or uncertainties.

3. HOSPITALISATION



Bring your completed medication schedule with you when you are admitted to hospital, possibly with the original packaging of your home medication.

You can get a medication schedule from your doctor or pharmacist. You, or a family member, can also set up a medication schedule yourself. You can use the blank schedule in this folder for that.

What happens to your home medication during your stay at the hospital?

While you are hospitalised, the home medication you need to take will be provided by the hospital pharmacy. The hospital has its own range of medicines. It is possible that the medication you take at home will be changed in the hospital to another medicine that has exactly the same effect but may look different or have a different name.

Your medication may also need to be adjusted while you are hospitalised. If you have any questions about this, ask the doctor or nurse treating you.

Never take any medication during your hospital stay without your doctor's approval.

We count on your cooperation so we can give you good treatment.



If you have any questions during your admission to hospital or during your stay in hospital, or if you do not know/recognise the medicines provided because they are different from what you expected, please ask your doctor or the nurse in your ward for an explanation.

4. DISCHARGE FROM HOSPITAL

When you are discharged from hospital, you will receive a new medication schedule, which may or may not be adjusted. Go through this schedule with the doctor, pharmacist or nurse before leaving the hospital.

Always discuss any changes to your medication schedule with your doctor and pharmacist.

Upon discharge from hospital, the hospital will give you sufficient medication for a maximum of three days. Check you have sufficient prescriptions to continue the treatments at home. If your home medication was held by the nurses during your stay in hospital, it will be returned to you when you leave the hospital.

